

Toning Table Fees

Option 1

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|----------------------|-----|
| 3 months membership | £30 |
| 6 months membership | £50 |
| 12 months membership | £80 |
- plus session fees as follows:
- 1st visit of the week £6
 - 2nd visit of the week £4
 - 3rd + visits in the same week £2
- Tuesday being the 1st day of the week.

Diamond Members

(over 60's)

No membership fee
1st visit of the week £5

Option 2

£40 per month Standing Order only
(minimum period 12 months)
*unlimited use

Option 3

A one off annual payment of £400
*unlimited use

Vibraxis

Included for Toning Table members

5 Minutes	£2.00
10 Minutes	£3.50

*unlimited use meaning one session daily,
every day the salon is open by appointment.

Prices include VAT @ 15%

Book a **free** demonstration session,
for your chance to try the
toning tables with no obligation.

It's a fully supervised session
lasting about an hour.

You will need to wear jogging bottoms,
leggings, anything that covers your legs
(no jeans, denim or shorts),
a pair of socks and a loose top.

Ask about Vibraxis - Vibration training.

Monday closed
Tuesday & Thursday 9am-9pm
Wednesday 9am-6pm
Friday 9am-7pm
Saturday 8am-2pm
*Last appointment at least an hour
before closing*

71-73 High Street, Kempston MK42 7BT

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Toning Tables



Ship Shape

Hair & Beauty, Health & Fitness