

# Leading & Developing High Performance

## Practitioner Accreditation



At Ali Stewart & Co we are delighted to present a distinctly different and robust leadership programme. It is supported with a paperback book and set of questionnaires to help fine-tune your approach to leadership. We passionately believe in its underlying ethos of High Challenge and High Support, which is the crucial guiding principle shared by the country's highest performing leaders.

**For consultants, coaches and trainers** we offer an intensive 2 or 3 day accreditation programme, depending on the size of the group. For our clients, we typically deliver a 3-day programme, with days run consecutively or together, as 6 x half day sessions or any combination to suit our clients. Sometimes a one-day refresher will do for more senior managers, it can equally be used on an individual coaching basis. This powerful programme ....

- takes managers on a clear path from transactional to transformational leadership
- is aimed at new leaders who need a track to run on, middle managers who may have got stuck in a rut, and experienced leaders who need to refresh or sharpen their skills
- is underpinned with comprehensive materials and assessment questionnaires which can also be used for 360° analysis

### Testimonials from recent accreditation programme delegates

"I really enjoyed the course and think it is a terrific product. I tried hard to achieve that type of approach when working at Sainsburys, but only by trial and error, through experience etc. I went on plenty of leadership courses and programmes, but none of them summed it up and packaged it as effectively as you have." **Mick Lightfoot, The Colour Works**

"The L&DHP material is quite simply the most effective and well rounded programme an organisation can adopt. The approach offers the insight into utilising a critical balance of expert knowledge and human understanding, quality diagnostic tools and techniques to make the skill of Leading and Developing High Performance more attainable and understood." **Lisa Pierson, Moving You Forward**

“I wanted to thank you very much for a great two days this week. Your style is calm and relaxing which made me very comfortable and at ease allowing for some very useful discussions. It was certainly evident that you know your stuff as we went through the programme. I obviously think the course content is spot on; I firmly believe this will enhance my offerings in Leadership and Management. I would wholeheartedly recommend this programme!” **Suzanne Shaw, Ascent Development**

“Leading & Developing High Performance is one of the most worthwhile programmes I have attended on the subject of Leadership. It has all the attributes of simplicity and power – hardly surprising given that it taps into accepted wisdom and presents it in a way that is ever so easy to understand and relate to ... Ali's facilitation was grounded and confident and her ability to have gravitas whilst remaining in the background was a powerful example of leading a workshop effectively ...” **Aidan Duff, Gentle Leadership**

### **About Ali Stewart ...**

Ali Stewart is a life and business coach, with over 15 years experience in people and organisation development. Her passion is to use the dynamic personality-based Insights Discovery® model to take clients to a new level of learning and achievement. She is 2006 and 2007 national award winner with Insights for outstanding knowledge and is mentor for all Insights Discovery® Licensed Practitioners in the South West area. Ali's other passion is to develop leaders. She is master trainer and accrediting body for Dr Derek Biddle's acclaimed *Leading & Developing High Performance* programme, and is currently working to complete *The Self-Directing Professional*, a programme to help people achieve their own personal excellence. Her skill is helping people unblock their limiting beliefs, boost their self-esteem, achieve their goals and shine. She has done this with leaders across a range of organisations in both the public and private sector and across a range of market sectors. She is delighted to have recently added NLP to her portfolio and seeks for herself and clients a mindset of continuous improvement and happiness.

### **... & Co!**

**If you would like to be an accredited trainer, please contact us NOW for more details.**

Page 2 of 2

Ali Stewart & Co

*Coaching you to achieve and grow .... and materials to enhance your business flow*

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