

NEW Vita-Squares



Building a Nutritional Foundation for a Lifetime of Health

BEING A CHILD IS LIVING THE ADVENTURE EVERY DAY

Children are always on the move; climbing trees, sailing, fishing tadpoles, swimming, chasing butterflies, skateboarding, dancing, playing football and tennis, jumping, biking, running, building tree houses, chasing each other and much, much more.

BEING A CHILD IS DISCOVERING THE WORLD

Children are spending long days at school where they use a lot of energy just staying focused on what their teachers say or trying to sit still. And back home they need to spend time struggling with homework.

BEING A CHILD IS A CONSTANT GROWING CHANGE

Children produce more than one billion new cells every day which forms tissue, bones, blood, muscles and nerves. No wonder the shoes and clothes you bought four months ago are already too small...

The constant moving, growing and learning makes good nutrition essential!



FOCUS ON Children's Nutrition

WHY ARE CHILDREN'S NUTRITIONAL DEMANDS EXCEPTIONAL?

- Children produce **MORE THAN A BILLION** new cells each day, and it takes a lot of nutrients to support this extraordinary growth!
- Young tissue and organ systems need nutrients to develop properly.
- Children's metabolic rates are very high.
- Children's levels of physical activity, growth, and repair create enormous energy demands. Vitamins and minerals work together to help the body better absorb and assimilate other nutrients from foods.

Building a foundation of health that will last a lifetime requires a commitment to good nutrition. It's never too early to ensure your children receive the lipids, sterols, vitamins, minerals, and other nutrients necessary to lay the protective groundwork for immediate and future good health.

But children can be picky with their food and many parents experience problems getting their children to eat healthy things like spinach, brussel sprouts or brown bread.

Too many children don't eat sufficient portions of fruits, vegetables and whole grains and instead they have an excessive consumption of highly processed, sugary and fatty food, helping making their diet lack several essential nutrients



That's why GNLD have developed **Vita-Squares** - A chewable, all-in-one, natural supplement making your children reach their full potential and building a foundation of health that lasts a lifetime!



GNLD HELPS YOU FILL THE NUTRITIONAL GAPS – SO YOUR CHILDREN CAN BE THEIR VERY BEST!



When you build your dream home, you begin with a strong foundation, using only the finest materials. Constructing your child's foundation for a lifetime of good health requires the same commitment to quality materials: good whole foods and good whole-food supplements from GNLD.

Vita-Squares can make a positive difference. Since they contain semi-essential nutrients, such as choline, and our exclusive Tre-en-en Grain Concentrates, Vita-Squares are more than just a multivitamin. The most complete wholefood children's supplement on the market, GNLD's chewable Vita-Squares provide the nutrient diversity and density cells need for optimal growth, maintenance, and repair. Children love them because they're delicious, but you'll love them because:

- Vita-Squares deliver **the finest natural-source ingredients** on the market.
- Tre-en-en Grain Concentrates from whole wheat germ, rice bran, and soybeans provides whole-grain nutrients that are removed from the processed foods children tend to favor.
- All-natural sweeteners and flavourings create a great tasting supplement without the added sucrose, preservatives or artificial colourings found in other children's chewables.
- Broad spectrum of antioxidant support.
- Provides the essential minerals: zinc, chromium, copper, iron, iodine and manganese.
- Contains Choline



NEW Vita-Squares

Vita-Squares contain key whole-food nutrients to give your children a head start on health!

GNLD helps build the foundation for good health



ARIANNA CARUGHI
Ph.D., C.N.S., Nutritional Scientist,
Stanford Fellow;
SAB Member



"Nutrition increases the possibilities for children to reach their full potential. Good whole foods and GNLD whole-food supplements can help ensure that your children receive optimal nutrition during their most critical development years, when more than a billion new cells are created each day."

Based in Nature, Backed by Science!

GNLD's Scientific Advisory Board members are recognized around the world for their leading-edge research. The SAB Seal guarantees you some of the finest, safest, most effective products in the world!

