

## Ball Flights From In – To – Out swing path

### **PUSH**

**Reason:** The clubface is **SQUARE** to the swing path.

#### **Possible Causes: Set - Up**

Ball position – Likely to be too far back, causing takeaway to be too much on the inside.

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Stance – May be too wide restricting weight transference on forward swing.

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Body Alignment – Feet, hips and shoulders may aim to the right.

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Posture – Player may have weight on heels causing flat swing.

#### **Possible Results: The Swing**

Backswing – The takeaway is too much on the inside.

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Forward Swing – The hips fail to move in a lateral fashion, swing plane becomes flat and the in – to – out path is exaggerated.

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Follow Through – The clubhead will travel off to the right of the target and the blade square to the path causes a push.