

Ball Flights From Out – To –In swing path

PULL HOOK

Reason: The clubface is **CLOSED** to the swing path

Possible Causes: Set – Up

Grip – One or both hands may be too far to the right of the handle causing closing clubface.

Ball position – Likely to be too far forward, causing shoulders to open and aim left of target.

Stance –If the feet are too narrow the shoulders may dominate the swing.

Body Alignment – Feet, knees, hips and shoulders likely to be aiming left of target.

Possible Results: The Swing

Backswing – The takeaway is likely to be too steep and outside the target line.

Forward Swing – Failure to start downswing with lateral shift of lower body.

Follow Through – The out – to – in path causes a restricted follow through and the weight is likely to be remaining on the rear foot.