

Ball Flights From In – To – Out swing path

Hook

Reason: The clubface is CLOSED to the swing path

Possible Causes: Set – Up

Aim – Clubface may be closed

Grip – One or both hands may be too far to the right of the handle

Ball position – Likely to be too far back, causing shoulders to close causing an inside takeaway

Stance – Not often a problem. Sometimes restricted body turn through ball caused by too wide a stance can encourage hands to close the clubface independently.

Body Alignment – Shoulders likely to aim right.

Possible Results: The Swing

Backswing – The takeaway is too much on the inside giving excessive shoulder turn.

Forward Swing – Swing path very much from the inside, hands rolling over, clubhead closing.

Follow Through – The hands will finish low around the body with the right shoulder high.