

TREATMENT	Price £
WAXING For LADIES and MEN	
Full Leg	15.00
1/2 Leg (Upper or Lower)	10.50
3/4 Leg	12.00
Underarm	5.00
Bikini (variable - depending upon Style, content and work involved, from Basic to Brazilian to the Full Monty)	10.00 to 30.00
Facial Wax or Threading (Upper Lip)	7.50
Facial Wax or Threading (Lip and Chin)	10.00
Extended Chin and Jaw Line, Neck & Cheek	15.00
Full facial threading & Eyebrows	25.00
Forearms	8.50
Full Arms	12.00
Back Wax	15.00
Chest	10.00
Abdomen	8.00
Chest and Abdomen	19.50
Bottom wax	9.50
Personal Male Waxing (By Jason) (NEW) go to Amber.GB.Net	
Full Body Sculpture Waxing for Shows, Weightlifting and Dancing, etc	POA Circa 50.00 to 75.00

GENERAL BEAUTY TREATMENTS

Why not try something different
We are now able to offer CACI Non-Surgical Facelift and Body Sculpturing Treatments (NEW)

Please refer to our **Amber.GB.Net** Website for Prices
 We also have a range of New Treatments being developed, these are also on www.Amber.GB.Net

General Make-up and Cosmetics

Make over—Involves in-depth consultation to ensure that a new look is created especially for you.	25.00
Bridal make-up—includes rehearsal and make-up on your special day	Packages from 40.00 to 60.00
Make-up training (General products advice and hands on demonstration—bring a friend, it's fun)	25.00
Using Jane Iredale Natural Mineral Cosmetics, Cosmetics and Make-up Products	P O A

Please see our separate Cosmetics Leaflet

Electrolysis

A progressive hair removal treatment using a disposable probe for each person.

15 Min	10.00
30 Min	16.00

INTRODUCE a New Client or Bring a Friend (who becomes a Client)
Get 20% off your next Treatment Package

TREATMENT	Price £
For your FACE - A beautiful Facial	
NEW Ayurvedic (Indian) Facial, Cleanse and Massage (1 1/4 Hrs)	45.00
Rejuvenating Mini Facial (No Massage — 40 min)	25.00
Ultimate Facial with double mask and back massage (1. 3/4 hrs)	55.00
Environ Special Vitamin Facial (1.5 hrs)	50.00
Environ Anti Ageing Facial (1 hr)	40.00
Facial Bleaching	5.00
Zit Removal	0.50 each
For your EYES and EYEBROWS	
Eyelash Perming (including free eyelash tint)	25.00
Eyelash Perming plus Shaping and Tint	33.00
Tinting Eyelash	9.50
Eyebrow	5.50
Eyebrow & Eyelash	14.50
Eyebrow shape Wax or threading	5.00
Shape & Tint	10.00
Eyelash & Eyebrow Tinting and Shaping	19.50
Why not consider PERMANENT Make-up	P O A

For your HANDS — Why not try a Manicure or Massage

Express Manicure—Basic Buff, Shape & Polish	13.00
Essential Manicure - Nail Soak & Cuticle care Plus Shape & Polish	20.00
Deluxe Manicure - Hand & forearm exfoliate and Massage, plus nail and cuticle care	25.00
Deluxe Manicure + French Polish	30.00
Hand Massage — Relaxing and rewarding massage treatment for tired hands and arms, including, exfoliate, massage with rich lotion and essential oils.	15.00
Additional Arm Bleaching	9.00
Paraffin Wax	5.00

For your FEET— A wonderful Pedicure or Massage

Express Pedicure—Basic Buff, Shape & Polish	13.00
Essential Pedicure - Nail & Cuticle care plus Buff, Shape & Polish + Hard Skin removal	20.00
Deluxe Pedicure — Nail & Cuticle work plus knee to ankle massage	25.00
Deluxe Pedicure + French Polish	30.00
Additional Paraffin Wax with above	5.00
Lower Leg and Feet massage only (30 min)	15.00
Full Leg and Feet massage (1hr)	30.00

Special Sixtus Footcare Treatments

Products for cracked heels, corns, calluses, athletes foot, tired feet, foot odour, poor circulation, sensitivity, etc

Sixtus Footcare Treatments After evaluation From 15.00 to 30.00
 Products can be purchased separately per session

For Credit Card Payments (Not Amex), please add 2.5%
 The Management reserves the right to levy a charge for No Shows or Late Cancellations or Request Pay in Advance for orders over £45.00

TREATMENT	Price £
BODY Massage Treatments	
All massages will include the appropriate Aromatherapy oils.	
Full Body Massage and G5 (1 3/4 hrs)	45.00
Full Body Massage (1 hr)	35.00
Full Body & Face Massage (1 1/4 hrs)	45.00
Japanese Body Brushing (2 hrs) (Brushing the body systematically, salt scrub and massage with Aromatherapy Oils)	55.00
Pre Tanning / Cleaning Salt Scrub (30 min)	25.00
G5 Gyrator Massage (1hr)	30.00
Back, Neck and Shoulder (1/2 hr)	25.00
Face, Head and Neck (1/2 hr)	20.00
Face and Neck (20 min)	15.00
Indian or Thai Head, Face, Back and Neck and Shoulder Massage (1hr)	30.00

SPORTS or Long-term Injury Treatments

Generally priced per Session

Initial treatment, including Consultation, Assessment, Initial treatment of Injury or Area, Advice on exercise and future Treatment	45.00 to 60.00
Continuing After-care. (1 hr Approx.)	30.00 to 45.00
Unique to Plymouth and SW Devon Integrated Myofascial Release Therapy (1.5hrs) Course of FOUR Sessions	45.00 to 60.00 150.00 per Course
Pre Tournament Massage (3/4 hr)	28.00
Lymph Drainage (Approx 2 Hrs)	55.00 per session
General Sports Massage (Male Masseur—Oto)	35.00 per hour

Reflexology

Per Session	22.00
Course of three (3)	60.00

Artificial Tanning

Sudo Body Art - Air-brush Tanning (Face to Full Body)	Range 10.00 to 25.00
Artificial Tanning Cream Application	From 20.00
Top Up Airbrush Full Body Tanning	20.00

New for 2010—Why not try them out ????
Hopi Candle Ear Treatment (Removes the wax) 20.00
Hot Stones Full Body Massage (Pure relaxation) 40.00
Universal Contour Wrap (A slimmer body) 55.00 (3 for 145.00)
Transition Inch Loss (for slack tummy muscles) 15.00 (10 for 135.00)
CACI Non Surgical Face Lifts and Body Sculpting See Separate Sheet
Chocolate Body Wrap and Massage Price to be agreed

Gift Vouchers and Special Packages
are available for Family and Friends
£10, £20, £30, £50, £100, etc

Email: Ambercare@blueyonder.co.uk or visit
www.Amber-Health-and-Beauty.com
 PLEASE ALSO VISIT OUR NEW WEBSITE
www.Amber.GB.Net